

Life Groups and Prayer Triplets at St John Meads, Autumn 2025

Life Groups are at the heart of our life together at St John's. They are where we can care effectively for one another, make friends, exercise our gifts and grow in faith. They are a key part of helping us to be disciples and make disciples, get to grips with the Bible and develop our prayer life. Our aim is that they will be groups that are life giving, fun and a place of belonging and acceptance. George Fisher, Janet Jackson and Joan Fisher oversee the groups. This is a summary of the groups we have and details about the Prayer Triplets. If you wish to join or change a Life Group, please contact one of us or contact the church office.

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LIFE GROUP RESPONSE SECTION

Name _____

Telephone: _____

Email: _____

I am interested in joining a Life Group.

I am in a Life Group and would like to change to another group.

I want to join a Prayer Triplet.

Please return this to the church office or contact one of the above coordinators.

Bolsover Group

Thursdays at 7.30pm. We meet at the Boshoff's flat for drinks and snacks and to share news before doing either a Bible study or video course together. We then have a discussion and prayer time and, as most of us work, we aim to finish at 9pm. We also meet for social events and have a WhatsApp group to share prayer requests and news.

High Trees Group

We meet on Thursday evenings at 8pm and try to be finished by 9:30pm, but people are free to stay and chat as long as they like. We meet at Tony and Pauline's in Carew Road. We have time to relax and catch up on life, usually with drinks, cake and plenty of laughter. Our aim is to help each other grow as we live out the Christian life through our relationship with God and a deeper understanding of the Bible and how it relates to life today. We are flexible, wanting to 'scratch where it itches' so while we will have a structured plan, we will always have time to talk about the things that concern or puzzle us and explore the Bible's answers. We have explored a few different styles of prayer and will use any that help us develop a closer relationship with God.

J-walkers 2.0

This group meets fortnightly on Tuesday evenings and is facilitated by Ian Murray. Following a recent relaunch the group is relatively small in number. Our main focus is on informal discussions around the bible and how we can use scripture to enrich, inform and direct our walk in faith. There will be some time for prayer, fellowship and hopefully a few laughs along the way.

Lectio365/WhatsApp

Catherine Butcher coordinates this group. It is an online Life Group, using the free daily podcast Lectio365. There is opportunity to share reflections or questions on the day's podcast through WhatsApp and share prayer needs, hence developing a fellowship together. Contact the church office or Catherine to join the group.

Living Stones Group

The Living Stones group with co-leaders Pete and Judy Stone meets at their home every Tuesday at 7.30 pm. We start with tea and coffee (and cake sometimes if you're lucky), share news and turn to our Bible study. We started as an Alpha group and have grown into a life group, growing ever closer in Christian trust and fellowship. We always finish with prayer giving opportunity for all with individual requests and concerns.

Morning Prayer

Meet on Zoom each weekday morning from 9-9.30 and everyone is welcome. We have a simple liturgy, read the scriptures set for the day, read a reflection and discuss it, and then pray. Contact the office or one of the Coordinators for the Zoom link.

Online Ramblers is facilitated by George Fisher and June Hughman and meets weekly on Wednesday evenings at 7.30 on Zoom. We chat together about the past week before looking at a short course or book from the Bible and end with a time of prayer. We have only ever existed as a group on Zoom but we enjoy occasional socials in person. We intend to remain online on Zoom so anyone wanting to join us is welcome, whether that is for a brief period or more long term.

Pilgrims

We meet fortnightly on a Tuesday morning from 10.15 to 12 noon. The group is facilitated by Mandy Calff. We have quickly become a relaxed and trusting gathering and we try to support each other when there is a need. We enjoy refreshments and fellowship, before prayer leads us into a biblically-based study, when we share experiences and insights. We allow time at the end for prayer needs and we hope to enjoy more social times together in the future.

Prayer Triplets

Prayer Triplets are a wonderful way to develop your prayer life. We have more than 30 people involved in them. They vary in their frequency of meeting from weekly to monthly, depending on

what the trio want. It is an opportunity for more intimate sharing and prayer with strict confidentiality. Sarah Hassell coordinates these so if you are interested in one, contact her through the church office.

Springfield Group meets in Cranborne Avenue every other Wednesday evening during school terms. The group facilitators are Sarah Hassell and Richard Wells. We gather at around 7.30pm for coffee/tea, aiming to provide a relaxed atmosphere in which people can explore the Bible and develop a closer relationship with God. The study usually lasts for about an hour with time for prayer afterwards, ending around 9.15pm. We hope that, as we meet, study and pray together those who join us will feel friendship and love. We aim to have a social event from time to time during the year.

St Gabriel's House Life Group

We meet on the 2nd and 4th Tuesday afternoons at 2.15pm in St. Gabriel House, Darley Road, the home of the leaders Kate and Clive Dilloway. Our main purpose is to study and discuss the Bible together but we also pray together before finishing with tea and usually cake. We may be an older group but we enjoy challenges. This last year, we looked at the Bible Society's course on Romans, the Lent Prayer course and 1John.

Thursday Bible Study

Paul Burley leads this Life Group with an emphasis on Bible study. It meets in the Pauling Room on Thursday mornings from 10.30am to 12noon. It starts with a social time over a drink before digging deeper into the Bible's truths.

New Group

We are looking to start a new group in the Autumn meeting fortnightly on Wednesday or Friday afternoons and coordinated by Jorj and Margaret Kowszun.